



LET'S CLEAR THE AIR



Walking is an easy way to reduce air pollution, save money and add physical activity to your daily routine.



You can help clear the air by walking

More people and vehicles travelling more kilometres will affect air quality. More hot days can reduce our air quality because warmer and drier conditions increase the chance of smog, dust storms and fires.

Walking saves money, reduces air pollution and improves your health and fitness.

Many of us are in the habit of using our car for very short trips. If the weather is fine and the distance is short why not walk?

Improve air quality and reduce fuel costs by:

- walking to the local shops, bus stop and for fun
- walking to your recreational activities
- walking to work when you live close enough
- encouraging your children to walk to school when possible
- walking short distances instead of driving.

Visit cleartheair.nsw.gov.au to find out how cycling, enviro driving and using public transport can also help.